# Pamela L. Jordan, PhD, RN

President, Becoming Parents Program, Inc. Developer, Becoming Parents Program pjordan@becomingparents.com www.becomingparents.com

Associate Professor, University of Washington Department of Family and Child Nursing Box 357262 Seattle, WA 98195-7262 pjordan@u.washington.edu

## Publications--selected

#### **Books:**

Jordan, P.L., Stanley, S.M., & Markman, H.J. (1999). *Becoming Parents: How to strengthen your marriage as your family grows*. San Francisco: Jossey-Bass.

Jordan, P.L. (1999). *Becoming Parents Program: Leader's manual*. Seattle, WA: author. Revised editions, 2005, 2006. Low income/low literacy version (2005). Latino/Hispanic cultural adaptation version (2006). Spanish language version (2006).

# **Book Chapters:**

- Jordan, P.L. (2004). Expectant and new fatherhood. *Men and masculinities*. Santa Barbara, CA: ABC CLIO. Invited contribution.
- Jordan, P.L. (2004). Men and breastfeeding. *Men and masculinities*. Santa Barbara, CA: ABC CLIO. Invited contribution.
- Silliman, B., Stanley, S.M., Coffin, W., Markman, H.J., & **Jordan, P.L.** (2001). Preventive interventions for couples. In H. Liddle, D. Santisteban, R. Levant, & J. Bray (Eds.), *Family psychology: Science-based interventions*. Washington, D.C.: American Psychological Association. Invited contribution.
- Jordan, P.L. (1995). The mother's role in promoting fathering behavior. In J.L. Shapiro & M. Greenberg (Eds.), Becoming a father: Contemporary, social, developmental, and clinical perspectives. New York: Springer. Invited contribution. Data based.
- Jordan, P.L. (1987). Differences in network structure, social support and parental adaptation associated with maternal employment status. In K.M. Swanson-Kauffman (Ed.), *Women's work, families and health* (pp. 33-50). Washington, D.C.: Hemisphere. Peer reviewed book chapter. Journal issue republished in book form. Data based.

### **Journal Articles**:

- Jordan, P.L. (2006). *Becoming Parents Program: Innovative education for the transition to parenthood.*Manuscript submitted for publication.
- Jordan, P.L., & Wall, V.R. (1993). Supporting the father when an infant is breastfed. *Journal of Human Lactation*, 9(1), 31-34. Refereed.
- Jordan, P.L., & Wall, V.R. (1990). Breastfeeding and fathers: Illuminating the darker side. *Birth*, *17*, 210-213. Refereed. Data based.
- Jordan, P.L. (1990). First-time expectant fatherhood: Nursing care considerations. *NAACOG's Clinical Issues*, 1, 311-316. Invited contribution. Refereed. Data based.
- Jordan, P.L. (1990). Laboring for relevance: Expectant and new fatherhood. *Nursing Research*, *39*, 11-16. Refereed. Data based.
- Jordan, P.L. (1989). Behaviors identified as helpful and desired by second-time parents over the perinatal period. *Maternal-Child Nursing Journal*, 18 (2), 133-145. Refereed. Data based.
- Jordan, P.L. (1987). Differences in network structure, social support and parental adaptation associated with maternal employment status. *Health Care for Women International*, 8, 133-150. Refereed. Journal issue subsequently published in book form. Data based.
- Jordan, P.L. (1986). Breastfeeding as a risk factor for fathers. *Journal of Obstetric*, *Gynecologic and Neonatal Nursing*, 15, 94-97. Refereed.

### **Manuscripts in Preparation:**

- Couples Becoming Parents: Demographics and Details
- Marital Satisfaction and the Extent to Which a Pregnancy is Planned
- Effects of a Couple Focused Transition to Parenthood Educational Intervention
- Minimizing Attrition in Longitudinal Clinical Trials
- First-time Expectant Parents' Developmental Expectations of Their Infants
- Concerns of Parents Over the Perinatal Period
- Creating a New Paradigm for Parent Education Over the Transition to Parenthood

- Development of a Couple Focused Transition to Parenthood Intervention
- The Transition to Parenthood for Lesbian Couples
- First-time Fathers' Experiences of Labor and Birth
- Laboring for Relevance: An Expanded Model of Expectant and New Fatherhood
- The Experiences of Fathers of High Risk Neonates
- Transition to Fatherhood Through Adoption of a Newborn

# **Selected Papers/Poster Sessions**:

- Jordan, P.L. (May, 2004). *Becoming Parents Program*. Paper presented at the Administration for Children and Families, US Department of Health and Human Services Welfare Research and Evaluation Conference, Washington, D.C. Invited presentation.
- Jordan, P.L. (September, 2003). *Becoming Parents Program*. Paper presented at the National Poverty Center Conference: Marriage and Family Formation Among Low Income Couples: What Do We Know From the Research, Washington, D.C.. Invited presentation.
- Jordan, P.L. (1999, June). *The Becoming Parents Program: An innovative new approach to parent education*. Poster session presented at the 1999 Conference of the Association of Women's Health, Obstetric, and Neonatal Nurses, Chicago, IL. Refereed. Data based. Abstract published in conference proceedings.
- Fry, M.E. & Jordan, P.L. (1997, November). *Promoting marital quality over the transition to parenthood*. Paper presented at the National Council on Family Relations 59th Annual Conference, Arlington, VA. Refereed. Data based. Abstract published in conference proceedings.
- Jordan, P.L., & Fry, M.E. (1997, November). *Becoming Parents Program: Survival skills for couples making the transition to parenthood*. Resource exchange poster session presented at the National Council on Family Relations 59th Annual Conference, Arlington, VA. Refereed. Abstract published in conference proceedings.
- Jordan, P.L. (1995, November). *PREP™ pilot: Transition to parenthood*. Paper presented at the Association for the Advancement of Behavioral Therapy Convention, Washington, D.C. Invited symposium participant. Refereed. Data based. Abstract published in conference proceedings.
- Jordan, P.L. (1993, April). *Family centered maternity care: Fact or fiction?* Paper presented at the 26th Annual WSRN Communicating Nursing Research Conference, Bellevue, WA. Refereed. Abstract published in Communicating Nursing Research, Vol. 26, Spring, 1993. Data based.
- Jordan, P.L. (1993, April). *Barriers to paternal involvement in childbearing and parenting*. Paper presented at the 26th Annual WSRN Communicating Nursing Research Conference, Bellevue, WA. Refereed. Abstract published in Communicating Nursing Research, Vol. 26, Spring, 1993. Data based.
- Jordan, P.L. (1992, June). *Promoting and supporting paternal behavior over the perinatal period*. Paper presented at N.A.A.C.O.G. 9th National Meeting, Minneapolis, MN. Refereed. Abstract published in conference proceedings. Data based.
- Jordan, P.L. (1991, May). *Integrating fathers into families over the childbearing period*. Invited paper for symposium presented at the 2nd International Conference on Family Nursing, Portland, OR. Refereed. Abstract published in conference proceedings. Data based.
- Jordan, P.L. (1990, November). *Interventions over the perinatal period to promote and support involved fatherhood*. Paper presented at the National Council of Family Relations, Seattle, WA. Refereed. Abstract published in conference proceedings.
- Jordan, P.L. (1990, May). *The role of the mother in promoting paternal behavior*. Paper presented at the 23rd Annual WCHEN/WSRN Communicating Nursing Research Conference, Denver, CO. Refereed. Abstract published in Communicating Nursing Research, Vol. 23, Spring, 1990. Data based.
- Migchelbrink, D., & Jordan, P.L. (1990, March). Successful breastfeeding: Maternal definitions and contributing factors. Paper presented at the Northwest Regional Women's Health/Perinatal Research Conference, Seattle, WA. Refereed. Abstract published in conference proceedings. Data based.
- Jordan, P.L. (1990, March). *The male experience of expectant and new parenthood*. Poster presented at the Northwest Regional Women's Health/Perinatal Research Conference, Seattle, WA. Refereed. Abstract published in conference proceedings. Data based.
- Jordan, P.L. (1989, September). *The male experience of expectant and new fatherhood*. Poster presented at the American Nurses' Association Council of Nurse Researchers' Conference, Chicago, IL. Refereed. Abstract published in conference proceedings. Data based.
- Jordan, P.L. (1989, April). *The male experience of expectant and new fatherhood: Laboring for relevance*. Paper presented at the N.A.A.C.O.G. 7th National Meeting, St. Louis, MO. Refereed. Abstract published in conference proceedings. Data based.

- Jordan, P.L. (1988, May). *The male experience of expectancy: Laboring for relevance*. Paper presented at the 21st Annual WCHEN/WSRN Communicating Nursing Research Conference, Salt Lake City, UT. Refereed. Abstract published in Communicating Nursing Research, Vol. 21, Spring, 1988. Data based.
- Jordan, P.L. (1988, May). *Pregnancy, work, and the first time father*. Paper presented at the 21st Annual WCHEN/WSRN Communicating Nursing Research Conference, Salt Lake City, UT. Refereed. Abstract published in Communicating Nursing Research, Vol. 21, Spring, 1988. Data based.
- Jordan, P.L. (1987, January). Behaviors identified as helpful and supportive to second time parents over the perinatal period. Paper presented at the 3rd Annual Perinatal Nursing Research Conference, Seattle, WA. Refereed. Abstract published in conference proceedings. Data based.
- Jordan, P.L. (1986, January). *Network structure, social support, marital satisfaction and parent adaptation to a second child*. Paper presented at the 2nd Annual Perinatal Nursing Research Conference: Advancing Perinatal Nursing Practice Through Research, Seattle, WA. Refereed. Abstract published in conference proceedings. Data based.
- Jordan, P.L. (1985, May). *Network structure, social support and parent adaptation*. Paper presented at the 18th Annual WCHEN/WSRN Communicating Nursing Research Conference, Seattle, WA. Refereed. Abstract published in Communicating Nursing Research, Vol. 18, Fall, 1985. Data based.
- Jordan, P.L. (1985, April). *Network structure, social support and parent adaptation to a second child*. Paper presented at the Research Symposium on Social Support and Health, University of Rochester School of Nursing, Rochester, NY. Refereed. Abstract published in conference proceedings. Data based.